

CONSUMER INFORMED CONSENT

1. Consent for Treatment and Release of Information.

YOUTH'S RESPONSIBILITIES

1. I will make a sincere effort to be evolved in the formulation of any individual treatment plan and will assume my responsibility for the following through with all treatment plans.
2. I understand that the use or possession of alcohol and drugs is prohibited.
3. I agree to abide by all federal, state and local laws.
4. I will communicate my needs and request in an appropriate and responsible manner.
5. I understand that it is my responsibility to comply with the reasonable request and decisions of my proctor(s) and/or treatment counselor. This includes, but is not limited to:
 - a. Fair share of household chores.
 - b. Following agreed upon curfews, school work and therapy appointments.
 - c. Obtaining prior permission for visitors and home visits.
 - d. Abiding by all proctor parent house rules.

CLIENT ALLOWANCE

You will receive \$2.00 per day you are in placement, approx. \$60.00 a month.

\$40.00 is for clothing only. The remainder will be given to the tracker/proctor parent & is to be spent on personal hygiene items, such as deodorant, razors, gel etc... Your proctor(s) will help monitor your personal hygiene spending.

CROSSROADS HOUSE RULES

1. All youth will earn curfew time. All new youth to program will be placed on house arrest for the **first 2 weeks** and youth **cannot** leave the house with out proctor parent(s). After that, curfew will start at 5:00pm and must be earned one-hour ant a time.
 2. Phones are only to be used to call their caseworker, therapist, and tracker. **No friends/family members** can be called from proctor's phone or phone number can be given out unless given permission by the proctor(s).
 3. Youth are required to attend school daily, if school is missed notify tracker.
 4. Youth will have 1 hour (more if needed) to complete their homework and then chores around the house.
 5. On school days TV, video games are limited to **1 hour**.
 6. Youth are required to attend weekly therapy.
 7. Smoking, alcohol or drugs are prohibited.
 8. Youth are required to maintain good, clean personal hygiene by showering **everyday**.
 9. Bedtime is between 8pm and 10pm as directed by age and proctor rules. During the summer break youth are not to sleep past 9am.
 10. Youth **must always have permission** from proctor before leaving the house. **If proctor is not available call the tracker.**
 11. Youth will respect all members of the proctor family. **No touching or horse playing with proctor children.**
 12. Do not touch the proctor's property unless given permission. Any damages caused by youth will come from their allowance or restitution.
 13. Youth are not to ask proctors for money. Youth are given allowances every month to buy clothing and personal needs.
 14. Any youth caught stealing from the proctor home will be prosecuted to the fullest.
- I have read and understand the proctor house rules. I also understand that my proctor(s) may add additional house rules if needed.



YOUTH RIGHTS/EXPECTATIONS

VISITATION AND COMMUNICATION

Youth may have overnight visits only with prior approval by case manager and staff coordinators. Youth also must earn home visits through CRY'S Client Workbook. Departure and arrival time must be recorded prior to youth's home visits. Prior to a home visit the name, address and phone numbers of the person(s) responsible for the youth is to be documented and filed for our record

RIGHTS OF SMOKERS AND NON SMOKERS

According to the Tobacco Control Laws, no one under the age of 19 may buy, accept or possess any tobacco product (class C misdemeanor, 76-10-105 U.C.A. 1953).

POTENTIAL HARM OR ACTS OF VIOLENCE TO YOUTH

No person or entity associated with CRY'S is authorized or permitted to use physical restraint. CRY'S has adopted Utah State University's Workplace Violence procedures.

If a client is acting violent, threatening, harassing, intimidating, or conducting other disruptive behaviors the police should be notified immediately. Do not call a Crossroads staff until the situation has been properly dealt with by law enforcement and the proctor parent(s) and client(s) are safe (9 out of 10 times your local law enforcement will be there before a Crossroads staff can be) Crossroads has a no restraint policy, in the event you find yourself in a difficult situation while waiting for the police, please follow the following DO's and DON'T's as stated in CRY'S Policies and Procedures.

FREEDOM FROM DISCRIMINATION

CRY'S is an equal opportunity employer and will not discriminate against any youth because of race, color, religion, ethnic origin, sex, pregnancy-related condition, age disability, veteran status, or other classification prohibited by law.

TREATMENT OF YOUTH WITH DIGNITY

Crossroads Youth Services, Inc. (CRY'S) is ground on the NASW Code of Ethics (1999) which advocates for the promotion of the well-being, dignity and worth of all human beings, through social and economic justice, cultural competency, and personal integrity. CRY'S is founded on the belief that fair, honest and equitable treatment of all persons and/or entities with which it associates is imperative to the success and fulfillment of agency mission, goals, and objectives.

Verbal punishment which may lead to emotional distress is prohibited. Name calling, sarcasm, degrading or condescending statements about the consumer, his/her family or friend is absolutely unacceptable. CRY'S administration, staff, volunteers, and interns will not use any method of behavior management, verbal or otherwise, which is designed to humiliate or frighten a consumer.

GRIEVANCE PROCEDURE FOR YOUTH

All youth in the care of CRY'S should be aware that the grievance procedure is provided through CRY'S along with the Juvenile Justice System / Division of Family Services. Any complaints or request are to be address in writing and directed to a representative of CRY'S or JJS / DCFS representative.

All youth in CRY'S program are allowed to receive unopened and unread mail. Any suspicious or contraband will be reported to the case manager and may result in being opened for inspection of content. All youth will be informed of this policy upon entrance to the program.

TELEPHONE

Phone calls are only to be used to call their case worker, therapist, and tracker. Friends/Family members can call and receive calls with prior permission from proctor. Necessary long distance calls made from proctor home will be charged to the youth.

VISITATIONS

Before the youth is granted a visit, he/she must earn it through the CRY'S Client Workbook. All youth may have guest upon case manager approval. Guest violating rules of the agency will be asked to leave. Visiting hours for family and friends will vary according to the proctor(s) schedule.

Weekly staff meetings will be the times when staff may decide to extend or suspend visits. In this case the youth is allowed to participate in the discussion at the meeting and receive an explanation of their reason for such actions. The youth have a right to meet with staff members and express his/her feelings.

RELIGIOUS PROGRAMS

All youth have the right to attend religious programs and activities. If a youth accompanies the proctor parents to a church program or activity due to supervision requirements, the youth does not have to participate in the program or activity.

BEHAVIORAL INTERVENTION

Youth are expected to follow program rules as outlined in the Youth Rights and Responsibilities Intake Packet. If the youth deliberately violates these program rules, limitations and restrictions will be imposed on their privileges.

Inappropriate Behaviors may include these items:

- ❖ Lying
- ❖ Curfew Violations
- ❖ Unexcused absences and school tardies
- ❖ Insubordinate
- ❖ Non-compliant to house rules
- ❖ Stealing
- ❖ AWOL

The following are guidelines for acceptable staff response to inappropriate behaviors.

First Offense	Verbal warning documented by proctor, copy in youth’s file.
Second Offense	Verbal and written warning in youth’s file, copy to case manager.
Third Offense	Verbal and written warning and restriction of privileges in youth’s file, copy to case manager.
Fourth Offense	Verbal and written warning and further restriction of privileges in youth’s file, copy to case manager.
Fifth Offense	Proctor, tracker, therapist, and program director decides if youth should remain in program, and what agreements must be made with youth to remain in program. Case manager may be consulted.
Sixth Offense	Written warning in youth’s file indicating that if he/she re-offends and breaches his/her contract, he/she will be expelled from the program. Youth is given a last chance to make a sincere effort.
Seventh Offense	Youth is expelled from program.

Examples of methods for restricting or limiting youth privileges include:

1. Limited or restricted allowance of free time.
2. Limited or restricted use of phone to talk with friends (consumer may continue to talk with parents, case manager, physician, clergyman, and attorney).
3. Curfew set at an earlier time.
4. Constant supervision by proctor or tracker (consumer may have to go to work with proctor or tracker).
5. Limit or restriction on visits with friends, or certain friends.
6. Restriction from school activities.
7. Restriction from recreational activities.
8. Confinement to own room for a pre-determined amount of time.
9. Limited use of television and radio.
10. Limited use of play stations, Nintendo, etc.